

**REGION
6A North
HANDBOOK
2013 -2014**

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REGION 6A North

PRINCIPALS' COUNCIL

The Region 6A North, of the Virginia High School League is comprised of four conferences composed of Conference 5, Conference 6, Conference 7, and Conference 8 schools. Within the 6A South Region there are twenty-six 6A North Schools.

MEMBER SCHOOLS

Conference 5

Centreville
Chantilly
Herndon
Oakton
James Robinson
Westfield

Conference 6

Fairfax
Langley
James Madison
McLean
South Lakes
Hayfield
Washington-Lee
Yorktown

Conference 7

Annandale
Lake Braddock
South County
West Potomac
West Springfield
T.C. Williams
W.T. Woodson

Conference 8

Battlefield
Stonewall Jackson
Osborn
Osborn Park
Patriot

REGION 6A NORTH PRINCIPALS' COUNCIL

PREFACE

Virginia's public high schools, through their alliance as the Virginia High School League, serve their youth by establishing and maintaining standards for student activities and competitions that promote education, personal growth, sportsmanship, leadership, and citizenship.

PURPOSE

The Region 6A North Principals' Council has been organized to provide for the conduct of the Virginia High School League program within the region.

MEMBERSHIP

The Council is composed of the schools delegates from conferences five, six, seven, and eight. Alternates shall be members of the conference council they represent. There will be one athletic director representative from each conference.

COUNCIL

The Region 6A North Principals' Council shall meet quarterly. The chair may call meetings if needed. The regional program will be finalized in the spring meeting and the fall meeting will serve as a mid-year review of the program. The election of officers will take place in the spring meeting. An exact calendar will be published at the beginning of each school year.

VOTING PROCEDURES

Each member school of the region shall be entitled to one vote. There will be a maximum of twenty-six (26) votes for the region. In the absence of the principal, a proxy to vote is required. A quorum shall consist of a majority of the total membership of the region. All agenda voting items will be sent by the Chairman to region schools at least one week prior to the regional meeting for review.

OFFICERS

After the designation of delegates from each conference and at its last regular meeting of the school year, the region shall elect from its members for the succeeding term a regional chairman, vice-chairman, secretary, and treasurer. These officers shall be elected for terms of two years each.

At its last regular meeting preceding the spring group board meetings, the region shall elect a regional representative who will serve as an officer on the group board and a member of the Executive Committee. The representative shall represent regional and 6A interests and concerns to the Executive Committee and report regularly to the regional council on the activities of the Executive Committee. The regional representative shall not serve more than two consecutive years. The regional representative will rotate between 6A North and 6A South every two years.

In the event the office of regional chairman is vacated for any reason before the term has been completed, the following order of succession as acting chairman shall apply: vice-chairman, secretary, and treasurer. The temporary succession shall prevail only until the next meeting of the regional council, which shall then fill the vacancy in any office or for the regional representative to the Executive Committee for the remainder of the unexpired term. If there is a vacancy in a regional office when action by the regional officers is necessary, the chairman or acting chairman shall appoint some other member of the regional council to serve temporarily until the vacancy can be filled.

Only principals shall be eligible to hold office on the regional council.

OFFICER DUTIES

The regional council shall determine with such appropriate resource people as it deems advisable the regional sponsored events for each school year; shall formulate and adopt, in conformity with and not in contradiction to League and group board policies and rules, such specific regulations as are deemed necessary or desirable in the conduct of the regional sponsored events; shall make recommendations to the Executive Committee for group board or Executive Committee action; and shall regulate regional sponsored events. The duties; however, do not include the enforcement of League or group board policies, rules, and regulations. When disagreements or protests arise under these standards, they shall be reported to the Executive Director or referred to the appropriate committee for disposition.

Not later than August of each school year, the regional secretary shall send to the League office a report giving the dates of fall, winter, and spring regional sponsored events, respectively. The report shall include the names of the places where the events are to be held and the names of the persons who should be contacted as directors or managers of the events.

The region council shall forward a complete copy of its minutes to all regional schools (principals and athletic directors), each division superintendent and the VHSL Executive Director.

The region council will establish of regional admission prices and pass policies and financial assistance for teams advancing to state competition. The Council may

refuse permission to advance to regional competition for any school that does not abide by regional decisions.

FINANCES

The Region shall defray the expenses of conducting the regional program. Thirty five percent of the net income from each regional tournament shall be sent to the Virginia High School League.

The Regional Council reserves the authority to adjust or amend the distribution of funds when the regional treasury falls below \$26,000.

REGIONAL TOURNAMENTS

All concession proceeds will go to the host school. Regional programs and t-shirt sales will be provided at the discretion of the tournament director. NO other fundraisers or items may be sold at regional tournaments.

SELECTION OF ALL REGION TEAMS

The tournament director for each sport will host the regional selection meetings. Four coaches from each conference (a coach from the four teams that qualify for the Regional Tournament will attend the regional selection meeting). If they are not able to attend, they must find an alternate to represent their Conference. All qualifying schools will only receive one vote. Representatives must be present at the meeting to vote. All regional teams will be selected in the following sports: cheer, football, field hockey, volleyball, basketball, baseball, softball, soccer, tennis, and lacrosse. Athletes nominated must be First Team All-Conference in order to be eligible for any regional selections. Each conference is responsible for ranking their individuals prior to the regional selection meeting. The regional tournament director shall serve as the chairperson of the selection committee. The region shall select an Athlete of the Year and Coach of the Year. Athletes and coaches nominated must have been a Conference Player or Conference Coach of the Year.

OFFICIALS

The site director will ensure that the host/home site obtains local officials for all regional contests. Officials for regional contests should be as follows:

- Baseball - three (3)
- Basketball - three (3)
- Cheerleading - eleven (11) nine judges and two timers
- Field Hockey - three (3)
- Football - seven (7)
- Lacrosse - three (3)
- Soccer - three (3)
- Softball - three (3)
- Volleyball - four (4)

BROADCAST

The fee for telecasting or radio broadcasting a regional event will be \$50.00.

ADMISSION POLICY

The regional ticket price will be \$7.00 for all contests. Any student school aged (5 and above) must pay the singular ticket price. Children 4 and younger and Senior Citizens (age 60 and over) do not have to pay for admission.

Wrestling -
\$7 per session or a tournament pass will be \$18

PASS POLICY

We will follow the Virginia High School League (VHSL) pass list plus the Coaches Association (VHSCA) pass at regional events. The 6A North Region Pass will also be accepted. The Virginia High School League State Event Pass will not be accepted during regional level events. Staff ID cards will not be accepted during regional events.

The following will be admitted to Region 6A North regional events free of charge:

- A. VHSL Coaches Pass (holder and one guest)
- B. VHSCA Coaches Pass (holder and one guest)
- C. VIAAA Athletic Directors Pass (holder and one guest)
- D. VHSL Honor Guest Pass
- E. Virginia School Board Association Pass
- F. VHSL Administrators Pass

- G Region 6A North Pass (holder and one guest)
- H. Tournament Workers
- I. Bus Driver with team
- J. Cheerleaders in uniform (when their school is participating)
- K. Marching Bands
- L. Media with appropriate identification

REGIONAL PLAYOFFS

Pairing and Rotation Cycle - Pairing will be on a rotational basis, sixteen team tournaments with a rotational that is predetermined in the first round.

+ Super Sites - regional tournaments with this designation will be played at a Super Site on a yearly basis; Tournament Director will also serve as the Site Director

@ Central Sites - regional tournaments with this designation will rotate on a yearly basis, Tournament Director will also serve as the Site Director

% Administrative Director - regional tournaments with this designation will be played at the site of the highest seed (Will need a site director at each site)
Tournament directors will be re-evaluated on a yearly basis.

Activity	2013-15	2015-17	2017-19	2019-21
% Baseball	Herndon (5)	Conf 6	Conf 7	Conf 8
+ Basketball	(8)	Conf 5	Conf 6	Conf 7
@ Cheer	(7)	Conf 8	Conf 5	Conf 6
@ Cross Country	(6)	Conf 7	Conf 8	Conf 5
%Field Hockey	Patriot (8)	Conf 5	Conf 6	Conf 7
% Football	(7)	Conf 8	Conf 5	Conf 6
@ Golf	(5)	Conf 6	Conf 7	Conf 8
@ Gymnastics	(8)	Conf 5	Conf 6	Conf 7
% Lacrosse	(6)	Conf 7	Conf 8	Conf 5
% Soccer	(7)	Conf 8	Conf 5	Conf 6
% Softball	(6)	Conf 7	Conf 8	Conf 5
@ Swimming	Oakton (5)	Conf 6	Conf 7	Conf 8
% Tennis	(8)	Conf 5	Conf 6	Conf 7
@Track-Indoor	(7)	Conf 8	Conf 5	Conf 6
% Track-Outdoor	Robinson (5)	Conf 6	Conf 7	Conf 8
% Volleyball	(6)	Conf 7	Conf 8	Conf 5
@ Wrestling	Robinson (5)	Conf 6	Conf 7	Conf 8
<u>Academics</u>				
@ Debate	Westfield (5)	Conf 6	Conf 7	Conf 8
@ Forensics	Hayfield (6)	Conf 7	Conf 8	Conf 5

@ One-Act	(7)	Conf 8	Conf 5	Conf 6
@ Scholastic Bowl	(8)	Conf 5	Conf 6	Conf 7

TOURNAMENT FEES

EVENT	Tourn.	Site Per game	Per ATC Per game	Matchmaker
Awards Chairman				
Baseball	\$400	\$100	\$75	
Basketball	\$800	\$100	\$75	
Cheerleading	\$400		\$75	
Cross Country	\$400		\$100	
Debate	\$400			
Field Hockey	\$400	\$100	\$75	
Football	\$600	\$300	\$100	
Forensics	\$400			
Golf	\$400			
Gymnastics	\$450		\$100	\$200
Indoor Track	\$800		\$100	\$200
Lacrosse	\$600	\$100	\$75	
One Act	\$400			
Outdoor Track	\$800		\$100	\$200
Scholastic Bowl	\$400			
Soccer	\$600	\$100	\$75	
Softball	\$400	\$100	\$75	
Swim/Dive	\$800		\$100	\$200
Tennis - Team	\$400			
Tennis - Individual	\$400			
Volleyball	\$400	\$100	\$75	
Wrestling	\$800		\$100	\$400

Game Workers \$40 for a single game/\$80 a double header plus FICA

Event Director's fees will be re-evaluated on a two year cycle.

All tournament final reports and a check to include the gross net should be submitted to the Tournament Director and after the conclusion of the event.

HOSPITALITY

Hospitality will be allowed for basketball, cheerleading, debate, forensics, gymnastics, one-act, scholastic bowl, swimming, track, and wrestling. Cost for hospitality will be included in the format submitted by the tournament director prior to the tournament.

TRAVEL

The Region will not reimburse travel to traveling schools.

AWARDS

<u>Activity</u>	<u>Trophies (team)</u>	<u>Patches (team)</u>	<u>Medals (team/indiv)</u>
Baseball	First/Second	First 30	Second 30
Basketball	First/Second	First 25	Second 25
Cheerleading	First/Second	First 25	Second 25
Cross Country	First/Second	First 15	Second 15 1 st , 2 nd , 3 rd indiv.
Debate	First/Second	First 12	Second 12 1 st , 2 nd , 3 rd place for each category
Field Hockey	First/Second	First 30	Second 30
Football	First/Second	First 60	Second 60
Forensics	First/second	First 9	Second 9 1 st , 2 nd , 3 rd place for each category
Golf	First/Second	First 10	Second 10 1 st , 2 nd , 3 rd indiv. (boys and girls)
Gymnastics	First/Second	First 10	Second 10 1 st , 2 nd , 3 rd indiv. for each event
Indoor Track	First/Second	First 60	Second 60 1 st , 2 nd , 3 rd indiv. for each event
Lacrosse	First/Second	First 35	Second 35
One Act Play	First/Second	First 20	Second 20
Outdoor Track	First/Second	First 60	Second 60 1 st , 2 nd , 3 rd indiv. for each event
Scholastic Bowl	First/Second	First 8	Second 8

Soccer	First/Second	First 35	Second 35
Softball	First/Second	First 30	Second 30
Swimming	First/Second	First 60	Second 60 1 st , 2 nd , 3 rd indiv. for each event
Tennis	First/Second	First 15	Second 15 1 st , 2 nd , 3 rd indiv. and doubles
Volleyball	First/Second	First 20	Second 20
Wrestling	First/Second	First 14	Second 14 1 st , 2 nd , 3 rd indiv. for each weight class

BASEBALL

PARTICIPATION

Four teams from each conference will advance to the Regional Playoff. The Playoff Rotation Match-up will be used to make up the playoff bracket. The higher seed will always host the game.

PLAYOFF ROTATION

See Appendix A

Prepared brackets that rotate each year will determine host sites. Teams will play within designated brackets based on Conference seeding.

*The Regional Director will be in charge of overseeing the Regional Playoffs.

The Final Reports will be sent to the Tournament Director at the conclusion of the tournament.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

RULES

The current National Federation Baseball Rule Book and rules established in the Virginia High School League handbook will be followed.

TOURNAMENT SCHEDULE

All regional tournament games shall be played at the highest seed. If the highest seed field is unavailable for play, then the DSA will determine a site or new date that the game can be held.

INFIELD

Infield will begin thirty minutes prior to the first game or five (5) minutes after the field preparation has been completed after the end of all other games. Practice will be limited to ten (10) minutes per team. Visiting team takes infield first.

HOME TEAM

The highest seeded team will be the host team during the tournament. If the same seeded teams play in a game, the top of the bracket will be used to determine the

host school. If the same seeded teams meet in the championship game, the left side of the bracket will be the host school.

POSTPONEMENT/SUSPENDED GAME POLICY

In case of postponement of any game, the game(s) will be played on the next playable date and, if necessary, the other rounds may be moved accordingly. VHSL "ending a tournament game" rules will be used in all cases.

STATE TOURNAMENT

The two (2) teams which play in the championship game will advance to the state tournament. (The Regional champions being the #1 seed and the Regional runner-up being the #2 seed)

BASKETBALL

METHOD TO DETERMINE A CHAMPION

At the conclusion of the regular season each Conference will advance four teams to the Regional Tournament. Each Conference will also determine the seeding for both girls and boys. The Regional Tournament will follow the attached yearly rotation.

SITE DETERMINATION

First and Second round games will be hosted by the highest seed. The Semi's and Finals will be hosted by Robinson Secondary School (VHSL State Site)

OFFICIALS

Officials will be secured by the host school from the local association.

ADMISSION

Team members, managers, and varsity cheerleaders in uniform will be admitted free when accompanied by their coach or sponsor

MEDIA

Each radio or television station will be charged the same rate as the VHSL charges for each game broadcast whether live or delayed. This fee must be paid prior to the scheduled contest.

TOURNAMENT DIRECTOR RESPONSIBILITIES

Proposed Budgets - The proposed budget for the Boys' and Girls' Regional Basketball

Tournament must be presented to and approved by the Northern Regional Council prior to the opening of the basketball season.

RULES

The current National Federation Basketball Rule Book and rules established in the Virginia High School League handbook will be followed.

POSTPONEMENT/SUSPENDED GAME POLICY

In case of postponement of any game, the game(s) will be played on the next playable date and, if necessary, the other rounds may be moved accordingly. VHSL “ending a tournament game” rules will be used in all cases.

STATE TOURNAMENT

The two (2) teams which play in the championship game will advance to the state tournament. (The Regional champions being the #1 seed and the Regional runner-up being the #2 seed)

CHEERLEADING

PARTICIPATION

The top four teams from each conference will advance to regional competition. The top four teams from the region will advance to state competition.

COMPETITION ROTATION

The Regional Championship will rotate every two years to a different conference. The Tournament Director will be in charge of running that tournament. They will choose a site subject to the approval of the Regional Committee.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

SQUAD LIMITS

Each school's squad will have a limit of twenty (20) members, boys or girls plus five (5) alternates.

RULES

The current National Federation Spirit Rule Book and rules established in the Virginia High School League handbook will be followed.

COMPETITION

The region tournament will consist of a two day championship. The first day will determine 8 teams to advance to the championship round. 4 teams from each of the two "sections" will qualify to the championship round. The championship day consists of 2 rounds: Round 1 consists of all 8 qualifiers performing with 4 teams advancing. The scores to determine the 4 teams advancing to the State Tournament will only be scores from Round 2 on the championship day.

TOURNAMENT OFFICIALS

Tournament officials will consist of the following: a panel of five (5) routine judges to adjudicate the competition routines, four (4) judges to identify deductions for safety and execution regulations, and one (1) timer for music and overall routine length.

POSTPONEMENT/SUSPENDED GAME POLICY

In case of postponement of either or both rounds of competition, the round will be conducted on the next available date. VHSL “ending a tournament game” rules will be used in all cases.

STATE TOURNAMENT

The top four (4) from the regional competition will advance to the state tournament seeded based on the final scores of the Regional Championship.

CROSS COUNTRY

PARTICIPATION

The top four teams from each conference plus the top fifteen individuals not on those teams advance to the region championship. The top six teams from the Region, plus the top ten individuals not on those teams advance to the state championship.

MEET ROTATION

The Regional Championship will rotate every two years to a different conference. The Tournament Director will be in charge of running that tournament. They will choose a site subject to the approval of the Regional Committee.

RULES

The current National Federation Track & Field Rules Book and rules established in the Virginia High School League handbook will be followed.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

POSTPONEMENT/SUSPENDED GAME POLICY

In case of postponement of the competition, the competition will be conducted on the next available date. VHSL "ending a tournament game" rules will be used in all cases.

STATE MEET

The top six (6) from each region plus ten individuals not on one of the top teams will qualify for the state tournament.

DEBATE

PARTICIPATION

The top three individuals or teams (depending on event) from each conference will advance to the Regional Tournament. The top three individuals or teams (depending on event) from each region will advance to the State Tournament

At the Regional Level –schools will be allowed to participate in Student Congress (up to 6 entries per school)

The Regional Playoffs will rotate every two years to a different conference. The Conference Director will be in charge of running that tournament. They will choose a site subject to the approval of the Regional Committee. The Site will be announced at the March Regional meeting for the upcoming year.

RULES

Rules established in the Virginia High School League handbook will be followed.

SCHEDULE

The Regional Debate Tournament will be schedule so that it does not conflict with the State Forensics Tournament.

STATE TOURNAMENT

The following will advance to the State Tournament:

Policy Debate	Top three (3 teams)
Public Forum	Top three (3) teams
Lincoln-Douglas Debate	Top four (4) debaters
Student Congress	Top twelve (12) representatives

FIELD HOCKEY

PARTICIPATION

Four teams from each conference will advance to the Regional Playoff. The Playoff Rotation Match-up will be used to make up the playoff bracket. The higher seed will always host the game.

PLAYOFF ROTATION

See Appendix A

Prepared brackets that rotate every year will determine host sites. Teams will play within designated brackets based on Conference seeding.

*The Regional Director will be in charge of overseeing the Regional Playoffs.

The Final Reports will be sent to the Tournament Director at the conclusion of the tournament.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

RULES

The current National Federation Field Hockey Rule Book and rules established in the Virginia High School League handbook will be followed.

TOURNAMENT SCHEDULE

All regional tournament games shall be played at the highest seed. If the highest seed field is unavailable for play, then the DSA will determine a site or new date that the game can be held.

HOME TEAM

The highest seeded team will be the host team during the tournament. If the same seeded teams play in a game, the top of the bracket will be used to determine the host school. If the same seeded teams meet in the championship game, the left side of the bracket will be the host school.

POSTPONEMENT/SUSPENDED GAME POLICY

In case of postponement of any game, the game(s) will be played on the next playable date and, if necessary, the other rounds may be moved accordingly. VHSL “ending a tournament game” rules will be used in all cases.

STATE TOURNAMENT

The two (2) teams which play in the championship game will advance to the state tournament. (The Regional champions being the #1 seed and the Regional runner-up being the #2 seed)

FOOTBALL

PARTICIPATION

Football will use the VHSL power point system to determine the 16 schools that advance to the Regional playoffs. The top 16 teams in Region 6A North will qualify for the regional playoffs. The Region final becomes the state semifinal.

TOURNAMENT INFORMATION

Tournament information will be presented by the Tournament Director to all region schools a minimum of three weeks prior to the region tournament.

RULES

The current National Federation Football Rule Book and rules established in the Virginia High School League handbook will be followed.

TOURNAMENT SCHEDULE

The Regional Final/State Semi-Final will operate under the direction of the VHSL
1st Round - 16 teams - 8 Games - Higher Seed Hosts

Quarter Final - 8 teams - 4 games - Higher Seed Hosts

Semi Final - 4 teams - 2 games - Higher Seed Hosts

Finals - 2 teams - 1 game - Higher Seed Hosts

HOME TEAM

The higher seed is the home/host team.

POSTPONEMENT/SUSPENDED GAME POLICY

In case of postponement of any game, the game(s) will be played on the next playable date and, if necessary, the other rounds may be moved accordingly. VHSL "ending a tournament game" rules will be used in all cases.

FORENSICS

PARTICIPATION

The top three individuals in each event from each conference will advance to the Regional Tournament. The top three individuals in each event from each region will advance to the State Tournament.

The Regional Playoffs will rotate every two years to a different conference. The Conference Director will be in charge of running that tournament. They will choose a site subject to the approval of the Regional Committee. The Site will be announced at the March Regional meeting for the upcoming year.

The events are as follows:

- A. Extemporaneous speaking - foreign & domestic affairs
- B. Impromptu
- C. Original oratory
- D. Storytelling
- E. Prose interpretation
- F. Poetry interpretation
- G. Serious dramatic interpretation
- H. Humorous dramatic interpretation
- I. Serious Duo interpretation
- J. Humorous Duo Interpretation

RULES

Rules established in the Virginia High School League handbook will be followed.

STATE TOURNAMENT

The top three (3) finishers in each event will advance to the state tournament.

GOLF

PARTICIPATION

The tournament will be a two day event - 36 holes. The top two teams plus six individuals from each conference will advance to the region. Top two teams plus six individuals from the region advance to the state.

PLAYOFF ROTATION

The Regional Tournament will rotate every two years to a different conference. The Tournament Director will be in charge of running that tournament. They will choose a site subject to the approval of the Regional Committee.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

RULES

USGA rules as established in the VHSL Handbook will apply except where modified by local rules. Ball will be played down, weather and course conditions permitting. Parents and spectators shall in no way be involved with coaching the players. *Coaches may not call penalties on players.* Any questions, golfers should play two balls and get a ruling later. The head official will make final judgment on all rulings.

PRACTICE

Practice rounds will be allowed on the region courses. Appropriate green fees must be paid and set tee times in advance.

TEE TIMES

Tee times for the Regional Tournament will be sent to the participating schools in advance.

EQUIPMENT

Players (schools) must furnish and carry their own equipment.

COACHES

Coaches will be the only person who can give advice to the players. If another person assumes this role it must be brought to the attention of the tournament director. PARENTS MUST STAY ON THE CART PATHS AND NO CARTS WILL BE RENTED TO PARENTS OR SPECTATORS. Failure to do so could result in removal from the golf course.

CARTS

The Region can approve use of golf carts {motorized or pull} for disabled players if proper documentation is provided.

POSTPONEMENT/SUSPENDED MATCH POLICY

In case of postponement of either or both rounds of competition, the round will be conducted on the next available date. VHSL “ending a tournament game” rules will be used in all cases.

STATE TOURNAMENT

Top two teams plus six individuals from the region advance to the state.

GYMNASTICS

PARTICIPATION

The top 2 teams from each conference - to include the top 8 individuals in each event and the top 4 All-Around, plus gymnasts with qualifying regional scores will advance to the Regional competition.

PLAYOFF ROTATION

The Regional Playoffs will rotate every two years to a different conference. The Tournament Director will be in charge of running that tournament. They will choose a site subject to the approval of the Regional Committee.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

RULES

The current National Federation Gymnastics Rule Book and rules established in the Virginia High School League handbook will be followed.

WARMUPS

During warm-ups each team will be allowed 15 minutes for each event. Maximum utilization of time allotted per school will be the responsibility of the coach. Failure to observe warm up time limitation justifies a team deduction of .5 per infraction.

QUALIFYING SCORES

The qualifying scores will be determined by the tournament director and approved by the region.

POSTPONEMENT/SUSPENDED GAME POLICY

In case of postponement of the competition, the competition will be conducted on the next available date. VHSL "ending a tournament game" rules will be used in all cases.

STATE TOURNAMENT

The top two teams plus the top 8 qualifiers inclusive of the team qualifiers and the top 4 All-Around inclusive of the team qualifiers also advance to the state tournament plus gymnasts with qualifying state scores. State meet packets will be issued in a meeting immediately following the awards ceremony.

INDOOR TRACK

PARTICIPATION

Six qualifiers per event from each conference plus those meeting the regional or state qualifying standards will advance to the Regional championships. Also eligible to compete are those contestants who properly submitted the Region Standard Verification Form as having met a regional qualifying standard in a meet of three (3) or more teams.

MEET ROTATION

The Regional Meet will rotate every two years to a different conference. The Tournament Director will be in charge of running that meet. They will choose a site subject to the approval of the Regional Committee.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

RULES

The current National Federation Track & Field Rule Book and rules established in the Virginia High School League handbook will be followed.

EVENTS (BOYS AND GIRLS)

Long Jump, High Jump, Pole Vault, Shot Put, Triple Jump, 55 Meter Hurdles, 55 Meter Dash, 300 Meter Dash, 500 Meter Dash, 100 Meter Run, 1600 Meter Run, 3200 Meter Run, 800 Meter Relay, 1600 Meter Relay, and 3200 Meter Relay

QUALIFYING STANDARDS

A committee comprising of one representative from each conference will meet prior to the beginning of the indoor track season to determine the region qualifying standards. The standards will be distributed along with the tournament information at a region council meeting.

SEEDING MEETING

The region indoor track seeding meeting with conference representatives will be the held by the tournament director the week before the regional meet.

STATE TOURNAMENT

The top six (6) finishers in individual events, the top three (3) relay teams in the region meet, and those contestants who have met the state qualifying standards and properly submitted the State Standard Verification Form to the region indoor track representative will advance to the state meet.

LACROSSE, BOYS

PARTICIPATION

Sectional Tournament Information will be followed.

TOURNAMENT INFORMATION

A Sectional Tournament will be held to determine a finalist for the State Championship.

RULES

The current National Federation Lacrosse Rule Book and rules established in the Virginia High School League handbook will be followed.

STATE TOURNAMENT

The top two teams from the Sectionals will advance to the State Tournament.

LACROSSE, GIRLS

PARTICIPATION

Sectional Tournament Information will be followed.

TOURNAMENT INFORMATION

A Sectional Tournament will be held to determine a finalist for the State Championship.

RULES

The current National Federation Lacrosse Rule Book and rules established in the Virginia High School League handbook will be followed.

STATE TOURNAMENT

The top two teams from the Sectionals will advance to the State Tournament.

ONE ACT PLAY

PARTICIPATION

The top two teams from each conference will advance to the Regional Tournament. The top two teams from each region will advance to the State Tournament.

The Regional Playoffs will rotate every two years to a different conference. The Conference Director will be in charge of running that tournament. They will choose a site subject to the approval of the Regional Committee. The Site will be announced at the March Regional meeting for the upcoming year.

RULES

Rules established in the Virginia High School League handbook will be followed.

PERFORMANCE

Order of the performance will be determined by a blind draw that has been approved by the region. Qualifying schools may NOT change their play between rounds. Practice time may be requested by the qualifying schools through the regional director of the One Act Play tournament.

JUDGES

All judges will be degreed and approved by the Virginia High School League.

STATE TOURNAMENT

The top two teams from each region will advance to the State Tournament.

OUTDOOR TRACK

METHOD USED TO DETERMINE A CHAMPION

Competitors and participation limits for regions are specifically stated in the VHSL Handbook. The 6A North Region will also abide by the same meet rules of its regional meets as those followed by the VHSL for state meets including the order of events.

RULES

The current National Federation Track & Field Rule Book and rules established in the Virginia High School League handbook will be followed.

EVENTS (BOYS AND GIRLS)

Shot Put, Discus, High Jump, Long Jump, Triple Jump, Pole Vault, 100 Meter High Hurdles (girls), 110 Meter High Hurdles (boys), 300 Meter Hurdles, 100 Meter Dash, 200 Meter Dash, 400 Meter Dash, 800 Meter Run, 1600 Meter Run, 3200 Meter Run, 400 Meter Relay, 1600 Meter Relay, and 3200 Meter Relay

SITE DETERMINATION

The site will be at a facility that has 8 lanes. Battlefield, Patriot or Robinson meet those requirements.

OFFICIALS

The meet director will employ officials for the meet who are of the highest quality, integrity, and training possible. An effort should be made to obtain officials from each district area. (Example: athletic directors from various schools.)

ENTRIES

Entries are limited to the first six (6) individuals in each event and the first three (3) relay teams from the District Outdoor Meet. In addition, a school may enter any additional participant who has met the Regional qualifying standards in a sanctioned meet of ten or more schools. Relay teams are limited to those who finish first, second, or third in the District Meet, or who have met the Regional qualifying standards. Times made in relays (splits) do not qualify for non-relay running events.

SCHOLASTIC BOWL

PAIRINGS

The top four teams from each conference will advance to the Regional Tournament. The top two teams from each region will advance to the State Tournament.

The Regional Playoffs will rotate every two years to a different conference. The Conference Director will be in charge of running that tournament. They will choose a site subject to the approval of the Regional Committee. The Site will be announced at the March Regional meeting for the upcoming year.

RULES

Rules established in the Virginia High School League handbook will be followed.

FORMAT

Each team will compete in a double elimination tournament. The team that wins the final championship game shall be declared the regional champion. Both the champion and the runner-up will advance to state competition.

COACHES MEETING

There will be a mandatory meeting of all coaches, quizmasters, and timers thirty (30) minutes before Round 1.

SCORES

After each match, the quizmaster and timer will give the match envelope, including the questions and the scores to the tournament director. Match results will be posted at the completion of each match.

BUZZER SYSTEMS

Each school will bring their buzzer system and set it up in the first room to which their team is assigned. The coach of the school will be responsible for providing and setting up the buzzer system for the room. One school will set up the buzzer system and the other school's system will serve as a backup. Rooms should be ready forty-five (45) minutes before the opening round.

STATE TOURNAMENT

The regional champion and runner-up will advance to the state tournament.

SOCCER

PARTICIPATION

Four teams from each conference will advance to the Regional Playoff. The Playoff Rotation Match-up will be used to make up the playoff bracket. The higher seed will always host the game.

PLAYOFF ROTATION

See Appendix A

Prepared brackets that rotate every year will determine host sites. Teams will play within designated brackets based on Conference seeding.

*The Regional Director will be in charge of overseeing the Regional Playoffs.

The Final Reports will be sent to the Tournament Director at the conclusion of the tournament.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

RULES

The current National Federation Soccer Rule Book and rules established in the Virginia High School League handbook will be followed.

TOURNAMENT SCHEDULE

All regional tournament games shall be played at the highest seed. If the highest seed field is unavailable for play, then the DSA will determine a site or new date that the game can be held.

HOME TEAM

The highest seeded team will be the host team during the tournament. If the same seeded teams play in a game, the top of the bracket will be used to determine the host school. If the same seeded teams meet in the championship game, the left side of the bracket will be the host school.

POSTPONEMENT/SUSPENDED GAME POLICY

In case of postponement of any game, the game(s) will be played on the next playable date and, if necessary, the other rounds may be moved accordingly. VHSL “ending a tournament game” rules will be used in all cases.

STATE TOURNAMENT

The two (2) teams which play in the championship game will advance to the state tournament. (The Regional champions being the #1 seed and the Regional runner-up being the #2 seed)

SOFTBALL

PARTICIPATION

Four teams from each conference will advance to the Regional Playoff. The Playoff Rotation Match-up will be used to make up the playoff bracket. The higher seed will always host the game.

PLAYOFF ROTATION

See Appendix A

Prepared brackets that rotate every year will determine host sites. Teams will play within designated brackets based on Conference seeding.

*The Regional Director will be in charge of overseeing the Regional Playoffs.

The Final Reports will be sent to the Tournament Director at the conclusion of the tournament.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

RULES

The current National Federation Softball Rule Book and rules established in the Virginia High School League handbook will be followed.

TOURNAMENT SCHEDULE

All regional tournament games shall be played at the highest seed. If the highest seed field is unavailable for play, then the DSA will determine a site or new date that the game can be held.

HOME TEAM

The highest seeded team will be the host team during the tournament. If the same seeded teams play in a game, the top of the bracket will be used to determine the host school. If the same seeded teams meet in the championship game, the left side of the bracket will be the host school.

POSTPONEMENT/SUSPENDED GAME POLICY

In case of postponement of any game, the game(s) will be played on the next playable date and, if necessary, the other rounds may be moved accordingly. VHSL “ending a tournament game” rules will be used in all cases.

STATE TOURNAMENT

The two (2) teams which play in the championship game will advance to the state tournament. (The Regional champions being the #1 seed and the Regional runner-up being the #2 seed)

SWIM AND DIVE

PARTICIPATION

The top six qualifiers from each event will advance from each conference to the Regional tournament. Additional individuals meeting the region swimming time standards at a Virginia High School League sanctioned meet, where three watches or touch pads were used, may also participate. Each school shall be permitted a maximum of four (4) qualifiers in an individual event and one (1) team in a relay event. Swimmers will be seeded in a preliminary race format based upon seeded times. Preliminary events will be held on the first day of competition. The top eight qualifiers will advance to the finals on the second day while places nine (9) through sixteen (16) will swim in the consolation heat. The consolation heat will precede the finals of each event. Each boy's event will precede the girl's event.

MEET ROTATION

The Regional meet will rotate every two years to a different conference. The Conference Director will be in charge of running that tournament. They will choose a site subject to the approval of the Regional Committee. The Site will be announced at the March Regional meeting for the upcoming year.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

RULES

The current National Federation Swimming & Diving Rule Book and rules established in the Virginia High School League handbook will be followed.

QUALIFYING STANDARDS

The qualifying standards for the region meet will be an average of the eighth place time in each event for the previous three region meets. The tournament director will include the standards in tournament information distributed at a Region Council meeting.

OFFICIALS

There will be a referee, starter, three (3) stroke and turn judges, and four (4) place judges.

STATE TOURNAMENT

The top six (6) finishers in each event at the region meet plus those meeting the state qualifying standards will advance to the state meet.

TENNIS (Individual and Team)

PARTICIPATION

The top two individuals and the top two doubles teams from each conference will advance to the Regional Tournament. In team tennis, the top three schools from each conference will qualify for the Regional tournament. The top four 1 seeds will receive a bye for the first round.

PLAYOFF ROTATION

See Appendix A

Prepared brackets that rotate every year will determine host sites. Teams will play within designated brackets based on Conference seeding.

*The Regional Director will be in charge of overseeing the Regional Playoffs.

The Final Reports will be sent to the Tournament Director at the conclusion of the tournament.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament. The tournament will run in two consecutive days.

RULES

The current United States Tennis Association Rules and rules established in the Virginia High School League handbook will be followed.

STATE TOURNAMENT

The top two (2) teams, top two (2) individuals, and the top two (2) doubles teams from the region tournament will advance to the state tournament.

VOLLEYBALL

PARTICIPATION

Four teams from each conference will advance to the Regional Playoff. The Playoff Rotation Match-up will be used to make up the playoff bracket. The higher seed will always host the game.

PLAYOFF ROTATION

See Appendix A

Prepared brackets that rotate every year will determine host sites. Teams will play within designated brackets based on Conference seeding.

*The Regional Director will be in charge of overseeing the Regional Playoffs.

The Final Reports will be sent to the Tournament Director at the conclusion of the tournament.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

RULES

The current National Federation Volleyball Rule Book and rules established in the Virginia High School League handbook will be followed.

TOURNAMENT SCHEDULE

All regional tournament games shall be played at the highest seed. If the highest seed field is unavailable for play, then the DSA will determine a site or new date that the game can be held.

HOME TEAM

The highest seeded team will be the host team during the tournament. If the same seeded teams play in a game, the top of the bracket will be used to determine the host school. If the same seeded teams meet in the championship game, the left side of the bracket will be the host school.

POSTPONEMENT/SUSPENDED GAME POLICY

In case of postponement of any game, the game(s) will be played on the next playable date and, if necessary, the other rounds may be moved accordingly. VHSL “ending a tournament game” rules will be used in all cases.

STATE TOURNAMENT

The two (2) teams which play in the championship game will advance to the state tournament. (The Regional champions being the #1 seed and the Regional runner-up being the #2 seed)

WRESTLING

PARTICIPATION

The top four wrestlers from each weight class will advance from each conference to the Regional Tournament. The top four wrestlers from each Region will advance to the State Tournament. The tournament will be a 2 day event.

The Regional Tournament will rotate every two years to a different conference. The Conference Director will be in charge of running that tournament. They will choose a site subject to the approval of the Regional Committee. The Site will be announced at the March Regional meeting for the upcoming year.

TOURNAMENT INFORMATION

Tournament information will be presented by the tournament director to all region schools a minimum of three weeks prior to the region tournament.

RULES

The current National Federation Wrestling Rule Book and rules established in the Virginia High School League handbook will be followed.

SEEDING/SEED MEETING

The region tournament will be seeded based on a pre-determined bracket which shall rotate on a yearly basis. The bracket will be sent via email by the tournament director on the Sunday following the conference tournament deadline.

WEIGHT ALLOWANCE

The guidelines of the VHSL Weight Control Program will apply to the region tournament.

SCRATCHES

The deadline for verification and scratches will be at the coaches meeting. Scratches and replacements may be made to the region director prior to the coaches meeting. Scratches after the deadline will cause a forfeit to be placed on the bracket. Scratches will need to be made prior to noon of the day prior to the start of the regional tournament.

SCORING

The National Federation Wrestling Rules Book, Rule 9, Section 1 and 2 will be used.

STATE TOURNAMENT

The top four (4) individuals in each weight class from the region tournament will advance to the state tournament.

Appendix A

Tournament Host 2013-2021

Appendix B

Reimbursement packet to include:

Personnel Pay Report

Site Director Report

Regional Director VHSL Financial Report

Appendix C

Regional Tournament Rotation 2013-2019

Appendix A

Tournament Host 2013-2021

Activity	2013-15	2015-17	2017-19	2019-21
% Baseball	Herndon (5)	Conf 6	Conf 7	Conf 8
+ Basketball	(8)	Conf 5	Conf 6	Conf 7
@ Cheer	(7)	Conf 8	Conf 5	Conf 6
@ Cross Country	(6)	Conf 7	Conf 8	Conf 5
%Field Hockey	Patriot (8)	Conf 5	Conf 6	Conf 7
% Football	(7)	Conf 8	Conf 5	Conf 6
@ Golf	(5)	Conf 6	Conf 7	Conf 8
@ Gymnastics	(8)	Conf 5	Conf 6	Conf 7
% Lacrosse	(6)	Conf 7	Conf 8	Conf 5
% Soccer	(7)	Conf 8	Conf 5	Conf 6
% Softball	(6)	Conf 7	Conf 8	Conf 5
@ Swimming	Oakton (5)	Conf 6	Conf 7	Conf 8
% Tennis	(8)	Conf 5	Conf 6	Conf 7
@Track-Indoor	(7)	Conf 8	Conf 5	Conf 6
% Track-Outdoor	Robinson (5)	Conf 6	Conf 7	Conf 8
% Volleyball	(6)	Conf 7	Conf 8	Conf 5
@ Wrestling	Robinson (5)	Conf 6	Conf 7	Conf 8
<u>Academics</u>				
@ Debate	Westfield (5)	Conf 6	Conf 7	Conf 8
@ Forensics	Hayfield (6)	Conf 7	Conf 8	Conf 5
@ One-Act	(7)	Conf 8	Conf 5	Conf 6
@ Scholastic Bowl	(8)	Conf 5	Conf 6	Conf 7

Appendix B (1)

District/Region Name:
Personnel Pay Request To Treasurer

TOURNAMENT/EVENT: _____

HOST SCHOOL: _____

DATE: _____

DIRECTOR: _____

Page 1 of 1

Worker	Last 4 digits of SS#	Base School	Job	Gross Pay	After FICA	Cost to Region
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
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					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00

Totals: \$0.00 \$0.00

Director's Signature: _____

Appendix B (2)

Site Director Report

District/Region Name:

TOURNAMENT/EVENT: _____

DATE: _____

HOST SCHOOL: _____

ROUND _____

DIRECTOR: _____

		Score	Score		
(Girls or Boys) Team	_____	____	____	_____	Team (Girls or Boys)
(Girls or Boys) Team	_____	____	____	_____	Team (Girls or Boys)
(Girls or Boys) Team	_____	____	____	_____	Team (Girls or Boys)
(Girls or Boys) Team	_____	____	____	_____	Team (Girls or Boys)

Worker	Last 4 digits of \$\$\$	Base School	Job	Gross Pay	After FICA	Cost to Region
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00
					\$0.00	\$0.00

Totals: \$0.00 \$0.00

Budget Summary

Income		Expenses		Total Net Income _____
# of tickets sold	_____	Fica Personnel	_____	
Price	_____	Police	_____	
Total Gross Income	_____	Supplies	_____	
		Total Expenses	_____	

At the end of the game, please report all scores to the newspapers and fax a working copy of this report to the director listed below. Within 2 day after the contest forward the final copy and a check in the amount of the gross ticket income made out to the district/region to the tournament director.

Tournament Director:
School:
e-mail:
Fax Number:

Director's Signature: _____ Date: _____

Appendix B (3)



VHSL REGIONAL DIRECTOR'S FINAL FINANCIAL REPORT

SPORT: Choose Sport: BOYS/GIRLS Choose Type: REGION: Choose Region:

INCOME:	Quantity	TOTAL
Admissions (all games)	<input type="text"/>	<input type="text"/>
Broadcast Fees (all games)	<input type="text"/>	<input type="text"/>
Other Income (all games - explain below)	<input type="text"/>	<input type="text"/>
<hr/>		
Total number of games included in this report:		<input type="text"/>
TOTAL INCOME:		<input type="text" value="\$0.00"/>

EXPENSES (all games):	Personnel	TOTAL COST
Announcer	<input type="text"/>	<input type="text"/>
Director	<input type="text"/>	<input type="text"/>
Score	<input type="text"/>	<input type="text"/>
Ticket Sellers/Takers	<input type="text"/>	<input type="text"/>
Timer/Clock Operator	<input type="text"/>	<input type="text"/>
Certified Athletic Trainer/Doctor	<input type="text"/>	<input type="text"/>
Game Officials Fees	<input type="text"/>	<input type="text"/>
Game Officials Travel	<input type="text"/>	<input type="text"/>
Security/Police	<input type="text"/>	<input type="text"/>
Other	<input type="text"/>	<input type="text"/>
Awards	<input type="text"/>	<input type="text"/>
Equipment/Game Balls	<input type="text"/>	<input type="text"/>
Facility Cleanup	<input type="text"/>	<input type="text"/>
Facility Rental (VHSL Approved)	<input type="text"/>	<input type="text"/>
Hospitality (regional limits apply)	<input type="text"/>	<input type="text"/>
Phone Calls	<input type="text"/>	<input type="text"/>
Supplies	<input type="text"/>	<input type="text"/>
Other (specify below)	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
SUBTOTAL EXPENSES:	<input type="text" value="\$0.00"/>	TOTAL EXPENSES: <input type="text" value="0.00"/>
TEAM REIMBURSEMENT:	<input type="text" value="\$0.00"/>	NET INCOME: <input type="text" value="\$0.00"/>
DISBURSEMENTS:	Region Council 65% <input type="text" value="\$0.00"/>	VHSL 35% <input type="text" value="\$0.00"/>

TREASURER'S SIGNATURE: _____
 DATE: _____ PHONE: _____ EMAIL: _____

Appendix C

16 TEAM REGIONAL TOURNAMENT ROTATION					
2013-2019 (FINAL)					
Fall 18-19	Fall 14-15	Fall 16-17	Fall 13-14	Fall 15-16	Fall 17-18
Wtr 16-17	Wtr 18-19	Wtr 14-15	Wtr 17-18	Wtr 13-14	Wtr 15-16
Spr 14-15	Spr 16-17	Spr 18-19	Spr 15-16	Spr 17-18	Spr 13-14
P1	L1	C1	L1	CR1	CR1
L4	C4	P4	CR4	C4	P4
C2	CR2	CR2	C2	P2	C2
CR3	P3	L3	P3	L3	L3
CR2	P2	L2	P2	L2	L2
C3	CR3	CR3	C3	P3	C3
L1	C1	P1	CR1	C1	P1
P4	L4	C4	L4	CR4	CR4
CR1	P1	L1	C1	P1	C1
C4	CR4	CR4	P4	L4	L4
L2	C2	P2	L2	CR2	CR2
P3	L3	C3	CR3	C3	P3
P2	L2	C2	CR2	C2	P2
L3	C3	P3	L3	CR3	CR3
C1	CR1	CR1	P1	L1	L1
CR4	P4	L4	C4	P4	C4