



## 2016 VHSL Field Hockey Championships

### Field Hockey Regional Training Center – Virginia Beach, Virginia

#### **Tournament Procedures:**

Opening ceremonies will be conducted fifteen minutes prior to the start of the games, on Friday, November 11 and Saturday, November 12 on Field I. This procedure will be explained at the site. Team members will be introduced *in numerical order*, followed by managers and coaches. Individuals are asked to step out of the line and back as they are introduced. Please make the announcer aware of any correction or changes that may have occurred after the team roster was submitted.

An awards ceremony will take place directly following each championship game on Saturday, November 12. Participants of that game will assemble on the field sideline in numerical order to be introduced. Medals will be presented to the individual players on the tournament runner-up team, followed by the presentation of the team trophy. Then medals will be presented to the individual players on the tournament championship team, followed by the presentation of the championship trophy.

#### **Rules:**

The tournament games shall be conducted by rules and standards as set forth by the National Federation of State High School Associations in the 2016-2017 Field Hockey Rule Book.

#### **Pre-Tournament Practice:**

Teams traveling more than 1 hour to the Regional Training Center are given priority in scheduling their practice time for Thursday, November 10<sup>th</sup>. Teams traveling more than 1 hour have until Tuesday, November 9<sup>th</sup>, 12 noon to schedule their practice time. After November 9<sup>th</sup>, 12 noon times will open up for all schools to schedule their practice time. Practices are paid directly to the Regional Training Center by the school, cost is \$75 for one hour. Member schools should email Haley Crandell ([haley@beachsportsplex.com](mailto:haley@beachsportsplex.com)) at the Regional Training Center to schedule their allotted 2 hour practice time.

#### **Uniforms:**

Teams designated as the home team shall wear white shirts and white or light colored socks, and shirts and the visiting team shall wear contrasting dark colored socks and shirts.

#### **Equipment & Supplies:**

The following will be supplied at the tournament site:

- ◆ Game Balls (Longstreth Turf)
- ◆ Ice
- ◆ Water Coolers

Teams will be responsible for their own equipment, practice balls and first aid supplies.

#### **Medical Assistance:**

An athletic trainer will be present for all games of the tournament.

#### **Facilities:**

There are convenient bathroom facilities at the Regional Training Center. If a team is in need of locker room facilities, please contact Jessica Horning, Tournament Director, in advance of arrival to make arrangements. In the main building, hospitality for coaches, officials, administrators, and adult tournament personnel will be in the conference room (see site map for both). Team signs/banners will be authorized on field end zone outer fences, bleachers, or in team bench areas only. As you face the scorer's table the home team will sit on the team bench on the right side.

#### **Practice Area:**

Grass practice and warm-up areas are located at the far (south) ends of Field I and II (see site map).

#### **Parking Area:**

There is free parking available next to the training center and in front of the Virginia Beach Sportsplex.

#### **Entrance:**

All access to the fields will be at the main entrance/ticket gate.