

**Region 4A West Principals and Athletic Administrators  
Meeting Agenda  
Monday, Nov. 30, 2015  
10:00 am – noon  
VHSL Office  
1642 State Farm Blvd, Charlottesville, Virginia**

**Call to Order:** 10:09

**Adoption of the Agenda:** 1<sup>st</sup> Handley, 2<sup>nd</sup> William Fleming

**Approval of Treasurer's Report:**

- 1<sup>st</sup> Rockridge, 2<sup>nd</sup>
- Report was sent to the membership early Monday morning via email
- Revised report will be submitted once football is done

**VIAAA and NIAAA Report:**

- 2016-17 Conference will be at Hotel Roanoke, Roanoke, VA assistance from Roanoke Area AD's will be asked at a later date
- Dave Nelson and Dave Morgan will be inducted into Hall of Fame from VA

**Recognition:** We will recognize Region 4A North Champions and Runner-ups (2 minutes)

	<b>Champion</b>	<b>Runner-Up</b>	<b>State Champion</b>	<b>State Runner-Up</b>
Field Hockey				
Golf	Loudoun Valley	EC Glass	Loudoun Valley	EC Glass
Boys Cross Country	Loudoun Valley	Sherando	Loudoun Valley	Fauquier
Girls Cross Country	Heritage	EC Glass	Heritage	Loudoun Valley
Cheer	William Byrd	Kettle Run	Kettle Run	William Byrd
Volleyball	Loudoun County	Woodgrove		
Theatre	Harrisonburg	Kettle Run		

**VHSL Staff/Executive Committee Legislation Update Report: ALL 1<sup>st</sup> VOTE ITEMS (please review handout)**

- Classification legislation: (reviewed 4A West's recommendation)
  - o No alternate ideas
  - o Next mtg. Dec. 17<sup>th</sup>
  - o North Region- 18 schools 12 definite 4s
  - o West Region- 12 schools 8 definite 4s
    - 5% adjustment in March
    - 5A may expand by 60 schools over next two years
- Ejection policy was reviewed
  - o Ejections up 23%
  - o Need to increase consequences
    - New legislation introduced for 1<sup>st</sup> vote:
      - 1<sup>st</sup> offense (fighting/language towards official) 3 game suspension (from 2)
      - 2<sup>nd</sup> offense- dismissed from VHSL from remainder of school year
    - Concerns/Thoughts:
      - Suspensions for entire year to severe
      - Maybe suspend for semester or remainder of season

- Harsher penalties for schools, coaches and/or players...fines?
- Schools need to become more accountable
- Region 4A votes new legislation down, asks for the following to be review and/or accepted: 1<sup>st</sup> Heritage, 2<sup>nd</sup> WF UNAMIOUS
  - 1<sup>st</sup> offense- 3 game suspension
  - 2<sup>nd</sup> offense 90 school days suspension
  - 3<sup>rd</sup> offense- 365 calendar day suspension
- Protest language adjustment (VHSL will not hear protests)
- Golf: remove stroke penalty for club abuse, foul language, tobacco---taking NCAA approach- it is a sportsmanship violation only
- Combining Indoor and Outdoor track language in handbook
- Forensics Apps
- Have emergency action plan in hand when hosting events at alternate sites (i.e. Not at your school)

**Old Business:** None

**New Business:**

**Regional Handbook Revisions:**

- Tennis (Ind. and doubles)- report back by next mtg
- All Region Cheer- an easier alternative to the selection process
  - Each conference is responsible for their method of selecting All Conference Cheer
  - Regional Director receives 4 names, ranked 1-4 (1 being the best), from each of the three schools that advance from each conference
  - 20 cheerleaders will make 1<sup>st</sup> team, 20 will make 2<sup>nd</sup> team and 20 will be honorable mention
  - 1<sup>st</sup> team selection: #1 from each school (15), the number one finisher will get their #2 and #3 on 1<sup>st</sup> team, schools finishing second, third and fourth will get their #2 on 1<sup>st</sup> team as well
  - 2<sup>nd</sup> team and HM will be gill in sort of the same way with all 15 teams that come to region having at least one girl on 1<sup>st</sup> team and the rest distributed between 2<sup>nd</sup> and HM

**1<sup>st</sup> JF, 2<sup>nd</sup> WF UNAMIOUS**

**Region 4A West Committee Representation:**

Handbook- Glass Selection of Events- JF Finance- GW

**Gift from VHSL Foundation: (\$1000- what to do with it)**

Motion- use to cover GoTo Mtg. cost (\$900) 1<sup>st</sup> Dominion, 2<sup>nd</sup> Kettle Run

- Used for all region meetings, AD/Principal meetings

**Fall Championship Reports:**

<b>Activity</b>		<b>Director</b>
Golf	went well lost \$1200 (14-15 lost \$1700)	Darrell Wilson
Cheer	went well other than date was on Halloween & travel; lost \$5800	Robert Curd
Cross Country	no report	Ron Proffit
Field Hockey	no report	
Football	went well, finances ok so far Waiting on Salem gate	Paul Frye

Theatre  
Volleyball

went well, long day lost \$1200  
made \$3700; went well

Paul Frye  
Ken Wright

**Region 4A West Representation to VHSL Committees:** we will receive updates from the Regional representatives serving on these standing committees. (10 minutes)

Alignment	Ron Petrella (Heritage)	Darrell Wilson (Harrisonburg)
Sportsmanship	no report	
Football Ratings	no report; meeting after X-mas	
Calendar	no report	
Scholastic Bowl	no report	
All State Criteria	no report	
Technology	no report	

### Winter Regional Events/Discussion:

- |                    |  | <b>Director</b>    |
|--------------------|--|--------------------|
| - Scholastic Bowl  | Saturday, Feb 6 <sup>th</sup>  | John Champe HS     |
| - Forensics        | Saturday, March 5 <sup>th</sup>  | Salem HS           |
| - Debate           | Saturday, April 9 <sup>th</sup>  | Sherando HS        |
| - Wrestling        | Friday/Saturday, Feb. 12 <sup>th</sup> /13 <sup>th</sup>               | John Champe HS     |
| - Girls Basketball | Monday, Feb. 22, 23, 25, 27  | Liberty Christian  |
| - Boys Basketball  | Monday, Feb. 22, 23, 25, 27  | William Fleming HS |
| - Indoor Track     | Saturday, Feb. 20 <sup>th</sup> @ Liberty U.                           | Rod Camden, Glass  |
| - Swim             | Saturday, Feb. 13 <sup>th</sup> @ Freedom Aquatic Center, Manassas, VA | Dominion HS        |
- Swim-
    - Concern over the number of participants at the regional level vs. the South
      - 2014 6 individuals and 3 relays
      - 2015 10 individual and 8 relays
    - Discussion points
      - More would water down the event
      - **Motion-** 1<sup>st</sup> Dominion increase # of individuals and relays from 6 and 3 to 10 and 8
        - Died for a lack of a 2<sup>nd</sup>
  - Compromise- past two years the region has been using the State standard for automatic qualifying due to lack of data from 4A North (only two years of history)
    - Handbook states meet director sets regional qualifying standards based on past 2-3 years...more information on automatic qualifying standards later

**Awards:** Many thanks to Scott Mankins (Millbrook) for assuming the role of regional awards chairman. Be sure to pick up your winter tournament medals and trophies at the conclusion of today's meeting (1 minute)

- Theatre needs 2 gold medals in the future for Best Actor and Best Actress

**Lacrosse Alignment:** see handout

**Scheduling All Region/All-State meetings:** Information item, it is Region 4A East's responsibility to host all-state selection meetings for the 2015-16 competitive year. We will contact them to request dates, director, and location of each all-state meeting (2 minutes)

	<b>Region</b>	<b>State</b>
Football:	Dec. 13 <sup>th</sup> , 2pm	March 20 <sup>th</sup>
Basketball:	March 20 <sup>th</sup>	
Spring:	June 12 <sup>th</sup>	

**Meeting Schedule for 2015-16:** Unless otherwise noted, the location for each meeting is the VHSL Office at 10 am (2 minutes)

Region 4A West	Wednesday, February 10 <sup>th</sup>	VHSL	10 am
VHSL Membership Meeting	Wednesday, March 9 <sup>th</sup>	Richmond Doubletree	
	8:30 am	Region Mtg (if necessary)	
	10:00 am	Group Boards	
	Thursday, March 10 <sup>th</sup>	Richmond Doubletree	
	8:30 am	Breakout sessions	
	10:00 am	Membership Meeting	
Region 4A West	Monday, May 2 <sup>nd</sup>	VHSL	10 am

**New Business from the Floor/Announcements:** Each conference will have an opportunity to make announcements of region-wide interest and to raise items for consideration on future Region 4A West meeting agendas (5 minutes)

What is policy on bands playing during football games: NFHS- outdoors- any noise maker is acceptable...Region 4A handbook policy- not during run of play or after breaking from huddle

**Adjournment:** we will entertain a motion for adjournment

Rockridge and JF