



PLAYOFF FORMAT FOR: CROSS COUNTRY

Number of Championships: Six Championships for Boys and Six Championships for Girls (6A, 5A, 4A, 3A, 2A, 1A)

Conference Tournament

Dates: NFHS Week 17 - Must be completed by the Conference Deadline as published on the VHSL Calendar.

Format: All-in, invitational-style meet or as determined by the Conference.

Sites: As determined by each Conference.

Who Advances: As determined by the Region.

Region Tournament

Dates: NFHS Week 18 - Must be completed by Region Deadline as published on the VHSL Calendar.

Format: Invitational-style meet or as determined by the Region.

Sites: As determined by each Region.

Who Advances: Top six teams plus the top 10 finishers not on one of the top six teams in the Region Meet. See VHSL *Handbook* Section 64 for additional qualifying criteria.

State Tournament

Dates: NFHS Week 19 - Meet is a Friday-Saturday event.

Format: Invitational-style meet in each classification.

Sites: 3 sites – 1A/2A, 3A/4A, and 5A/6A

Awards: Team trophy and individual medals to State Champion and Runner-up teams. Medals to **top fifteen** finishers in each event in each classification. (modified 11/13/13)

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